

APRIL

2019



GOOD EATS AT

Charlotte Secondary School

I'm the **BOUNDLESS BERRY**

SPECIAL ANNOUNCEMENTS

Fish offered each Friday until Easter Holiday

Menu Subject to change

HEALTHY SUMMER MEALS FOR KIDS
No Cost For Kids 18 and Younger

M	T	W	TH	F
Basket: Sausage Wrap Steak Fingers Mashed Potatoes/Gravy Broccoli Roll Fruit & Milk 1	Basket: Corn Dogs Orange Chicken Asian Rice Oriental Veggies Fruit & Milk Fortune Cookie 2	Basket: Chicken Nuggets Chili Cheese Fries Pinto Beans Corn Bread Salad Fruit & Milk 3	Basket: Crispito's Hamburger Baked Tots Lettuce & Tomato Fruit & Milk 4	Basket: BBQ on Bun Pepperoni Pizza Green Beans Garlic Roll Fruit & Milk 5
Basket: Chicken Sandwich Chicken Rings Mashed Potatoes/Gravy Peas & Carrots Fruit & Milk 8	Basket: Sub Sandwiches Hot Dogs Baked Beans Carrot Sticks/Dip Fruit & Milk 9	Basket: Chicken Tenders Beefy Nachos Refried Beans Lettuce & Tomato Fruit & Milk 10	Basket: Crispito's Chicken Burger Baked Sweet Tots Lettuce & Tomato Fruit & Milk 11	Basket: McRib Sandwich Pizza Sticks Corn Garden Salad/Dip Fruit & Milk 12
Basket: Sausage Wrap Baked Chicken Mashed Potatoes/Gravy Peas Roll Fruit & Milk 15	Basket: Pizza Corn Dogs Mac & Cheese Veggie Tray/Dip Fruit & Milk 16	Basket: Popcorn Chicken Crispy Tacos Pinto Beans Lettuce & Tomato Fruit & Milk 17	Basket: Crispito's Hamburgers Baked Fries Lettuce & Tomato Fruit & Milk 18	Good Friday 19
Off 22	Basket: Corn dogs Sub Sandwiches Baked Chips Carrot Sticks/Dip Fruit & Milk 23	Basket: Chicken Nuggets Chicken Nachos Refried Beans Lettuce & Tomato Fruit & Milk 24	Basket: Crispito's Hamburgers Baked Fries Lettuce & Tomato Fruit & Milk 25	Basket: BBQ on a Bun Spaghetti & Meat Sauce Green Beans Carrot Sticks/Dip Fruit & Milk 26
Basket: Hamburger Chicken Nuggets Mashed Potatoes/Gravy Peas & Carrots Fruit & Milk 29	Basket: Pizza Tso Chicken Asian Rice Oriental Veggies Fruit & Milk Fortune Cookie 30	"You ART What You Eat" Art Contest ENDS APRIL 12 TH SquareMeals.org/artcontest		

ART CONTEST ENDS

BOUNDLESS BERRY

Strawberry



During a heavy storm, the littlest berry in a strawberry patch on the outskirts of Healthyville was picked up by a strong wind and taken so high up in the air that a reaction occurred allowing her the ability to regenerate her seeds. As the strawberry fell from the sky she realized that the green tips of her hair were also able to spin so fast allowing her to fly. At that moment, she became The Boundless Berry. She wanted all of the kids of the world to have access to delicious healthy strawberries so she flew around the world planting strawberries at every location she could, giving children access to vitamin C and fiber to help boost their immune systems and grow strong.

FUN FACT

Strawberry is the most popular berry in the United States.

BOUNDLESS BERRY'S FAVORITE ACTIVITIES

Fishing, Canoeing and Running



POW!

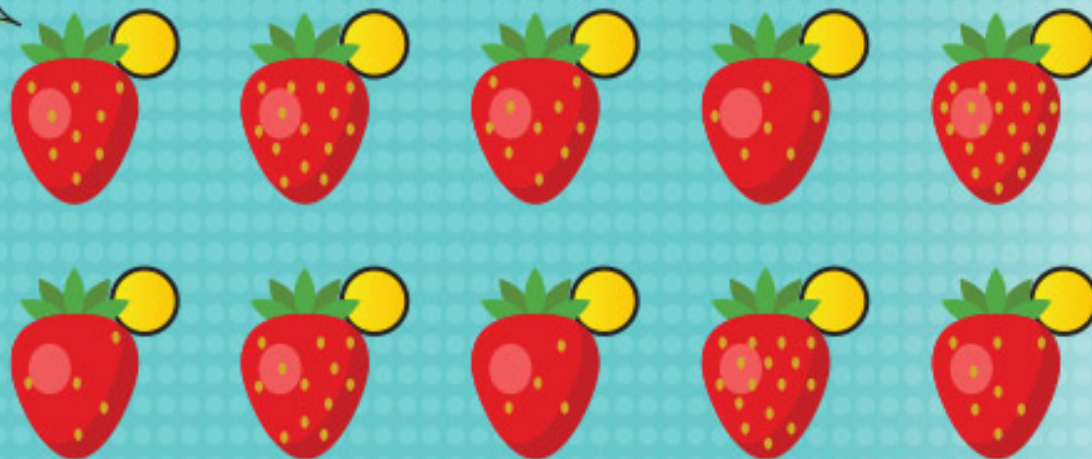
ARCH ENEMY

Strawberry Flavored Candy



COUNT 'EM!

Identify the correct number of seeds on each strawberry.



JOKE OF THE MONTH

Q: Why were the strawberries so upset?

A: Because they were in a jam!

Sources: Texas A&M and Agrilife Extension